

Salina Meals On Wheels Menu



Meals delivered on weekdays by volunteers:

Subsidized meals available upon request to qualified customers

Please call 785-823-7555

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Fourth of July Lunch "New Item" Orange Glaze Chicken Baked Beans Cucumber Salad Cheesecake Fluff Dessert Dinner Rolls	4 <p style="text-align: center;">CLOSED IN OBSERVANCE OF INDEPENDENCE HOLIDAY</p>	5 Baked Ham Sweet Potatoes Scandinavian Blend Dump Cake Wheat Bread	6 Meatloaf Mashed Potatoes w/ Gravy California Blend Vegetable Peaches Wheat Bread	7 Chicken Enchilada Bake Mexican Rice Corn Tre Leche Cake
10 Ribblett Sandwich Roasted Red Potatoes California Blend Vegetable Fruit Cocktail Fluff Hoagie Bun	11 Chicken and Noodles Mashed Potatoes w/ Gravy Italian Blend Vegetable Peaches and Pears Wheat Bread/ Hoagie	12 Swiss Steak Baby Baker Potatoes Broccoli Fresh Fruit Salad Wheat Dinner Roll	13 Smothered Pork Chops Augratin Potatoes Carrots Pastachio Salad Wheat Bread	14 Bacon Cheeseburger w/ Baked Beans Broccoli Salad Chef's Choice for Dessert Bun/Wheat Bread
17 " New Item" Chicken Florentine Bake Baby Bakers California Blend Vegetable Peaches Breadstick	18 Chicken Salad Stuffed Tomato Craison Salad Fresh Fruit Salad Wheat Bread/ Hoagie	19 Marinated Pork Loin Baked Potato Germany Blend Vegetable Hot Apple Crisp Wheat Bread	20 Beef Lasagna Mixed Vegetables Fruit Jello Fluff Bread Stick	21 Chicken Parmesan over Noodles Italian Vegetables Cherry Pie Garlic Bread/ Rye
24 Beef Stroganoff Scallop Potatoes Mandarin Oranges Norwegian Blend Veg Garlic Bread Stick	25 Salisbury Steak Mashed Potatoes w/ Gravy Mixed Vegetables Fresh Fruit Wheat Bread	26 Chicken Cordon Bleu Casserole Baked Potato Mixed Vegetables Spiced Apples Wheat Bread	27 Chicken Fried Steak Mashed Potatoes w/ Gravy Corn Pineapple Wheat Bread	28 Beef Fingers Mashed Potatoes & Gravy Scandinavian Blend Veg. Mandarin Oranges Wheat Bread
31 Cheesy Chicken & Broccoli Green Beans Ice Cream Apple Sauce Biscuit				